



First Industrial Realty Trust, Inc.
1 N. Wacker Drive, Suite 4200
Chicago, IL 60606
312/344-4300

MEDIA RELEASE

John Quinn Joins First Industrial as Regional Director/Market Leader for the Northern California and Seattle Markets

*Richard Poolis, Senior Project Manager, Development and Construction,
Also Hired to Support Growth Efforts*

CHICAGO, June 11, 2019 - First Industrial Realty Trust, Inc. (NYSE: FR), a leading fully integrated owner, operator and developer of industrial real estate, today announced that John Quinn has joined the Company as regional director/market leader for its Northern California and Seattle regions. Mr. Quinn will be responsible for growing First Industrial's portfolio through acquisitions, development and leasing in the San Francisco Bay Area, California's Central Valley and Seattle. The Company has also hired Richard Poolis, senior project manager, development and construction, to contribute to these expansion efforts. Both team members will be based in First Industrial's Bay Area office in Oakland, California.

"We are pleased to add John and Richard to our First Industrial team to help us grow our portfolio in these key distribution markets and large consumption zones," said Jojo Yap, chief investment officer for First Industrial and EVP of their West Region. "With significant supply constraints, growing populations and increased demand for industrial space, these markets offer an excellent growth opportunity for First Industrial."

Mr. Quinn joins First Industrial with more than 10 years of experience in the commercial real estate industry. He previously worked at IDS Real Estate Group as a Senior Vice President in San Francisco, focused on the acquisition, development, leasing, and asset management of industrial and office projects in Northern California and the Pacific Northwest. Mr. Quinn earned a Bachelor of Arts in Economics-Accounting from Claremont McKenna College. He is a LEED AP and a licensed Real Estate Broker in both California and Washington.

Mr. Poolis has over 10 years of combined real estate, development and construction management experience and joins the Company from Exeter Property Group. In that capacity, he focused on site selection and acquisition efforts, complete design, entitlements, municipal approval, as well as construction management and lease up of new ground-up industrial buildings. Mr. Poolis also has a technical background across multiple asset classes working on behalf of large commercial general contractors in the San Francisco Bay Area. He holds a Bachelor of Science in Engineering Management from the University of the Pacific.

About First Industrial Realty Trust, Inc.

First Industrial Realty Trust, Inc. (NYSE: FR) is a leading fully integrated owner, operator, and developer of industrial real estate with a track record of providing industry leading customer service to multinational corporations and regional customers. Across major markets in the United States, our local market experts manage, lease, buy, (re)develop, and sell bulk and regional distribution centers, light industrial, and other industrial facility types. In total, we own and have under development approximately 67.1 million square feet of industrial space as of March 31, 2019. For more information, please visit us at www.firstindustrial.com.

Contact: Art Harmon
 Vice President, Investor Relations and Marketing
 312-344-4320

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